

the newham mag

24 MAR 2007

ISSUE 17

Keeping
Newham
smiling



MUST
CLOSE 31 MARCH

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APRIL '06



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BY PERRY HENZELL

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the newham mag



Welcome to issue 117, where we're asking you what you think of the Newham Mag. Be in with a chance of winning a great prize by completing the reader survey on pages 10, 11 and 12.

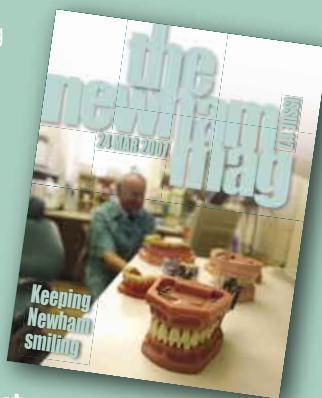
It was Mother's Day last weekend and this issue we announce the winner of our

Queen for a Day competition on page five and profile a fostering super mum on page 17.

Best wishes to all our readers celebrating Easter and Passover at the beginning of next month.

Jen

On the cover:
Dr Lawrence Levy
is Newham's
longest serving dentist.



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Look out for the next issue from 7 April

contents

24 March 2007 // issue 117

Features

08 WORKING LIVES – A behind the scenes look at the work of Newham's longest serving dentist

10 READER SURVEY – Your chance to win a digital camera and printer by telling us what you think of the Mag

13 EASTER AND PASSOVER

– There are two major festivals being celebrated in Newham in the coming weeks

17 SUPER MUM – Meet the woman who has fostered more than 50 children with Newham

30 EASTER HOLIDAY ACTIVITIES

– Full listings of free activities for young people in the borough

News

04 NEWS – the latest top stories from Newham including the winner of our Mother's Day competition

28 COMMUNITY NEWS – Find out what's happening in your bit of the borough



17



30



08



18

Regulars

06 MAYOR ABOUT TOWN – Find out what Sir Robin's been doing over the last couple of weeks

14 MAKING NEWHAM SAFER

– Anti-social behaviour drops by more than a third following police and council action

18 HEALTH – The importance of washing your hands at hospital and what to expect if you're having a baby in the borough

20 NEWHAM COLLEGE

– Students reach for the stars after talk from astronaut

22 UEL – The latest news and events from the University of East London

23 2012 GAMES UPDATE – Did you take part in *Be a Local Tourist*?

26 KIDS' CORNER – Poems and pictures from our younger readers

31 WHAT'S ON – Free activities at Newham's libraries

By 2010, Newham will be a major business location and a place where people will choose to live and work



In brief...

Katherine Road bridge to close

The Katherine Road bridge in East Ham is due to close for six weeks from 26 March due to repairs which are needed to make it safe.

Traffic will be diverted via Grangewood Road and Plashet Grove. Pedestrians will still be able to cross the bridge during the closure to traffic.

There will be temporary traffic signals and signs advising of the closure and diversions.

Healthy Hammers launched

Newham Council and Newham Primary Care Trust in partnership with West Ham United Football Club have launched a health scheme targeting men over 30.

The free 12-week programme encourages them to change one small thing like quitting smoking, taking up exercise or changing their diet. Free health MOTs, fitness advice, activities and support are all offered as part of it. There is still time to get involved.

If you are interested contact june.smith@newham.gov.uk or phone 020 8430 2486.

Safer Neighbourhoods surgery in East Ham

Sergeant Hayward of the East Ham South Safer Neighbourhoods Team is inviting residents who live or work in the ward to a surgery on Tuesday 27 March. It is being held at the Well Centre, Vicarage Lane.

For further information call 020 8721 2528.



Restoring pride in our streets

The first Operation Street Pride, a campaign designed to improve shopping streets and surrounding areas, has been hailed a success.

Run as a pilot in and around High Street North, East Ham, it saw 60 council and police officers taking part. Their aim was to crack down on law-breakers, improve the look of the area, improve safety for pedestrians, reduce fear of crime, increase cleanliness and educate people in good citizenship.

The operation saw:

- 29 vehicles with out-of-date tax discs and two vehicles with fraudulent tax discs impounded
- four fraudulent disabled parking badges seized
- a planning enforcement notice served, ordering a shopfront to be re-fitted
- 500 letters delivered to residents reminding them of their waste disposal duties
- 52 letters delivered to residents advising them to remove waste from their front gardens
- ten fly posters removed, and
- one beggar moved on



Wheelchair user Susan Allen highlights the obstructions in the High Street



Cllr Ian Corbett and PC Malcolm Forest discuss the problems

Much more action was taken, including arrests for selling counterfeit DVDs and 196 intelligence reports being gathered by police.

The operation was instigated by Mayor of Newham Sir Robin Wales after residents reported concerns about pavement trading at his surgeries.

Cabinet member for Crime and Anti-social Behaviour Councillor Ian Corbett, said: "The impact of the sterling work done during Operation Street Pride

is clearly visible. It has been a real success.

"Walking up the High Street is now far easier and much more pleasant for everyone."

News

Find out about becoming a magistrate next week

The Newham Magistrates' Bench is fast becoming a reflection of the diverse community it serves. Maintaining the confidence of the community is one of its primary concerns.

But more magistrates are needed, and if you think you could fit the bill, why not attend a recruitment evening on Wednesday 28 March?

Being part of the justice system is something that is open to all. So why not serve your community by becoming a magistrate? You don't need any formal qualifications but you do need to be fair-minded with sound judgement, and have a social awareness of issues within the local community.

Find out more about what being a magistrate means and how you can apply at the recruitment evening.

It will take place at The Courthouse, 389-397 High Street, Stratford, from 6-8pm. For further information, zcall 020 8437 6002 or email ayinke.edun@hmcourts-service.gsi.gov.uk

Stop means stop

A campaign to put an end to drivers ignoring school crossing patrols has been backed by the council.

Stop Means Stop is a new London-wide road safety campaign designed to remind motorists that the law requires them to stop when ordered to do so by a lollipop man or woman.

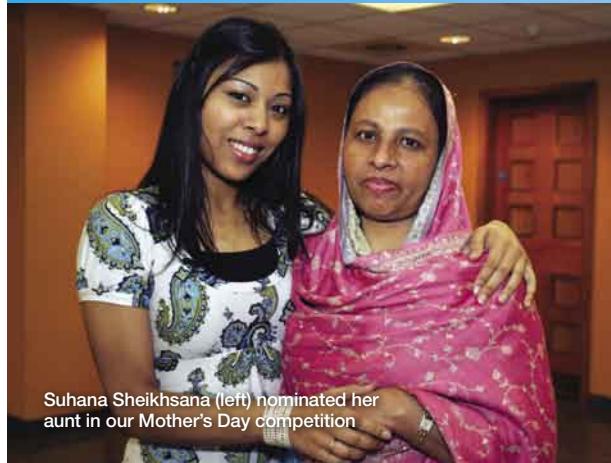
Elisabeth Meurs, who has worked in the role for a year, says people fail to stop while she is trying to help children cross

the road every week. Mayor of Newham Sir Robin Wales said: "This kind of behaviour is putting people's lives at risk. It must end.

"School crossing patrols are there to safeguard children – by blatantly ignoring them motorists are needlessly putting them in serious danger."

All the council's lollipop men and women are encouraged to report law-breakers for prosecution.

Faika is queen for a day



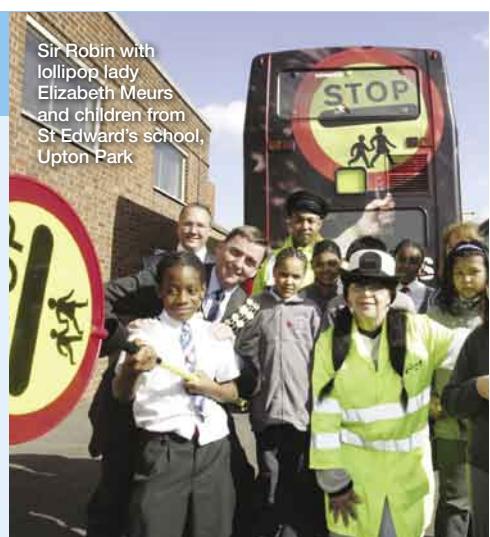
Suhana Sheikhsana's nomination for her aunt to be Queen for a Day touched the judges' hearts and made her the winner of our *Queen for a Day* competition.

Faika Zaman, of Monega Road, Forest Gate, got to take nine friends and family for a slap up meal at West Ham United Football Club's Boleyn Ground on Mother's Day.

Suhana, 23, said: "Although she's not my mum I couldn't be more grateful that I've got someone who loves me just as unconditionally. My mum passed away last year and throughout her illness and up until today, my auntie has done everything possible for me and my family, despite having a family of her own to care for.

"She's our rock and although we can never thank her enough, treating her on Mother's Day helped show how much we appreciate her. She was delighted to win and it was a great surprise. She really enjoyed herself."

The competition was run by the council in conjunction with the Newham Recorder and West Ham United FC.



Mayor about town



East Ham Care Centre opening

Services for Newham elders are continuing to improve thanks to the development of the East Ham Care Centre in Shrewsbury Road. Myself and Councillor Clive Furness attended the opening of the centre, which was made possible due to a public/private partnership between Newham Primary Care Trust and the Local Investment Finance Trust. The partnership invested £14.9million in the development of the centre, which allows patients to enjoy their own ensuite rooms rather than the shared wards



which used to exist. A new library, hairdressers and two communal gardens are just a few of the benefits now available to patients.

Fit and healthy

Keeping the theme of improving services for the elderly residents of Newham, I attended the re-launch of the Fit and Healthy Elders Project hosted by the Well Community Centre in Vicarage Lane, East Ham. I am extremely impressed by the amount of effort that goes into the centre by both staff and the elderly participants. Line dancing, ballroom dancing and group singing were a few of the activities on display.

Ghana independence

Recently I took part in the celebrations for the 50th anniversary of Ghana's independence from British rule, which was celebrated at Newham Town Hall in East Ham. There is a 2,500-strong Ghanaian contingent living in Newham and more than 100 people turned out to see the flag being raised.



Sir Robin at the relaunch of the Fit and Healthy Elders Project

“I am extremely impressed by the amount of effort that goes into the centre by both staff and the elderly participants”



Mohir Venkataram, Marie Gabriel, Pushpa Devi Vij, Sir Robin and David Stout at the opening of East Ham Care Centre



The Mayor with Ghana's High Commissioner to the UK and Ireland, His Excellency Annan Cato, and members of the Ghanaian community at the flag raising to mark 50 years of independence

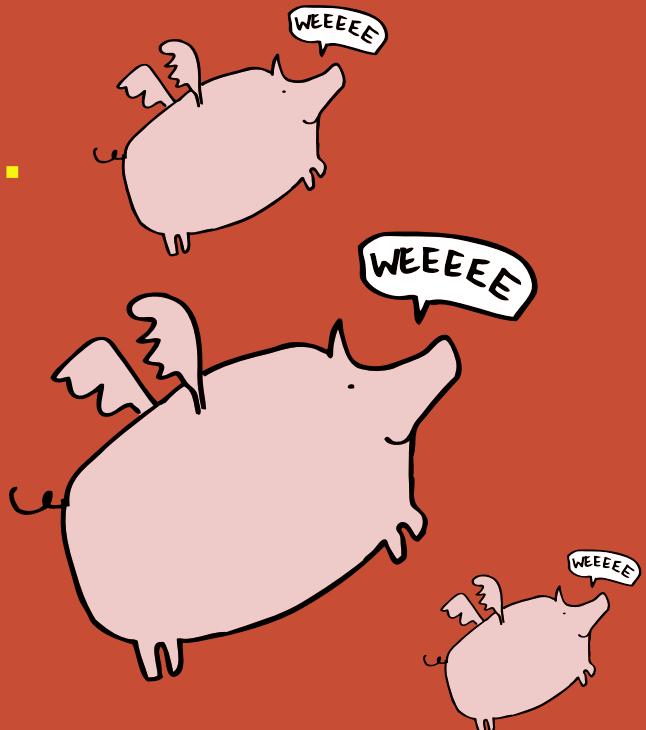
WE CAN HELP YOU BUY A HOME IN LONDON.

If you're a Londoner looking to buy your first home, you may be eligible to receive an **equity loan of up to 25%** of the cost of buying a home on the open market. It's free for 5 years so you don't have to wait for the 2012 Olympics to put yourself in your first place!

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For full eligibility details on this and other schemes visit our website.

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Open wide!

There have been considerable changes in dental practice in the last 40 years and no-one would know better than Dr Lawrence Levy. He is the longest serving dentist in Newham and has been at his practice at Romford Road since 1965.

"There is nothing in this surgery that is the same as when I joined," says Lawrence. "All our equipment is modern and a visit to the dentist is not nearly as uncomfortable as it used to be."

Despite the premises being used as a

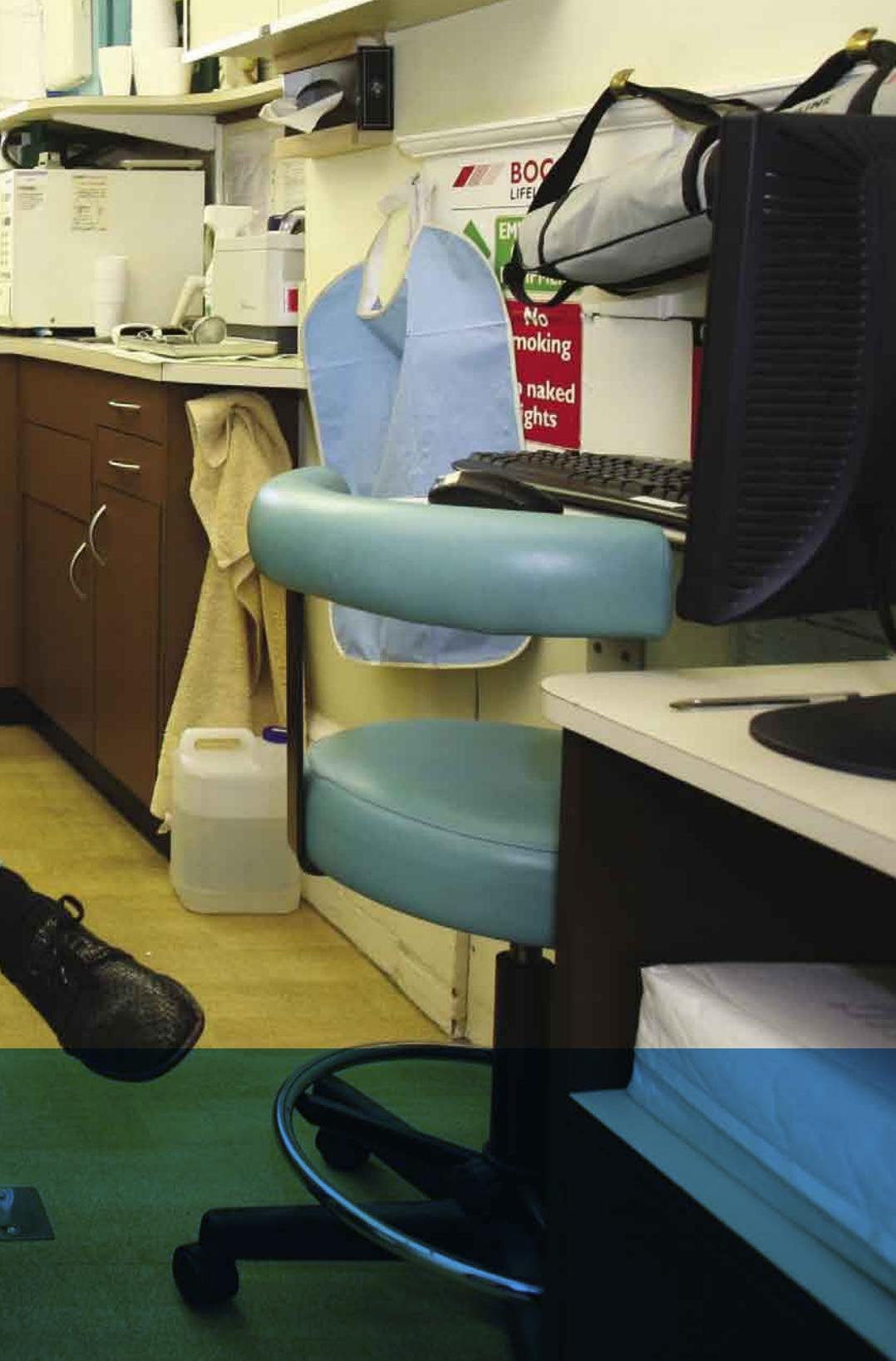
dental surgery for more than 100 years, Lawrence's surgery is one of the most modern in Newham. It offers a range of new products as well as new techniques aimed at increasing the oral health of the borough and making a visit to the dentist painless.

"The old drill involved shooting water into the mouth, and wasn't very pleasant. Now we have a modern drill that has 250,000 revs per minute, which is not only quicker but has hardly any vibration.

"We don't often use chisels anymore, instead we have ultrasonic equipment that uses sound waves to break down the plaque.

"I also use air abrasions, which use air instead of drills when filling a tooth. That means that often a patient doesn't need an injection either," Lawrence says.

Newham has been recognised as a borough with a low standard of oral health, something Newham Primary Care Trust is working hard to improve. Lawrence gives advice to patients about



> WORKING LIVES

Training to be a dentist takes five years, which Lawrence completed at King's College Hospital in 1965. He chose to study dentistry after seeing a friend take it up.

"I like working with my hands and I like dealing with people. I had a friend who was older than me who became a dentist, I watched him work and decided to study it too," says Lawrence.

"I'm from Hackney, and after graduating came straight to Newham to this practice as an assistant. After nine months, the chap who owned the surgery asked if I wanted to buy it, so I loaned 100 per cent of the money from the bank and took it on."

And after 42 years it's not just the modern equipment that keeps patients coming back to him. Lawrence and his team work hard to make the surgery inviting, using compassion, humour and kindness to put people at ease.

"I've been here for many years, so I've seen some of my first patients' grandchildren come through the door," says Lawrence.

"The key is to enjoy what you do. I

"The key is to enjoy what you do. I can't think of another job where you get sincere thanks from people 30-to-40 times a day"

improving their dental health, citing some regular mistakes people make.

"Parents need to watch the diet of their children," says Lawrence. "Don't give them bottles with sugared fruit juices in, it causes massive tooth decay. It's something we had eradicated but now mums emigrating into Newham are not always aware of it and it's become a common problem again."

"Chewing beetlenut is quite common among some Asian communities, and is

really terrible for staining teeth.

"Another thing that really affects your oral health is smoking. People who smoke have much worse gum disease, and there is a correlation between gum disease and heart disease. People who smoke are much worse off."

Lawrence has also seen an increase in the amount of cosmetic dentistry requested, and now has a separate surgery upstairs devoted to cosmetically enhancing teeth.

especially enjoy the satisfaction of making people who have missing or discoloured teeth look good, I can't think of another job where you get sincere thanks from people 30-to-40 times a day."

Dr Lawrence A. Levy, The dental surgery, 620 Romford Road, Manor Park, E12 5AQ
www.levydental.co.uk 020 8478 1431

To find your nearest NHS dentist, call NHS Direct on 0845 4647.

WHAT DO YOU THINK OF THE NEWHAM MAG?

COMPLETE OUR READER SURVEY AND BE IN WITH A CHANCE OF WINNING
ONE OF TWO **DIGITAL CAMERA AND PHOTO PRINTER SETS**

We're looking at how we can change The Newham Mag to make it even better and we value your opinion.

We want to know what you like, what you don't like, what you'd like to see more of and how you think we could make your magazine look better, be more useful to you, reflect your community more and be an even more worthwhile read. Who better to tell us than you, the reader?

Please take a few minutes to answer the questions opposite and overleaf, cut out the page and return it to us by 7 April.

Two winners, chosen at random, will win a Hewlett Packard digital camera and photo printer set. The results of the reader survey and the winners of the competition will be published in a future issue of The Newham Mag.



CELEBRATING THE YEAR OF THE PIG, CHINESE STYLE

BEND IT LIKE BECKHAM ROMA STYLE

GET YOUR GLOVES ON

ASK THE WHAT NEWHAM ABOUT IT

WHAT'S ON?

10 11

NEWHAM MAG SURVEY 2007

1 What do you think of the Newham Mag?

Please rate from 1-5 (where 1 means you don't like it at all and 5 means you like it very much)

1 2 3 4 5

2 How often do you read the Newham Mag?

(tick one box)

Every issue
 Most issues
 Never

3 How much of the magazine do you read?

(tick one box)

All of it
 I read the parts that interest me and look through the rest
 I look through some of it
 I only look at it very rarely

4 What type of information do you look for most in the magazine? (tick as many boxes as apply)

News
 Features
 Local advertising
 Competitions
 What's on listings

5 Have you attended any events advertised in the Newham Mag?

Yes
 No

If yes, write the event/s below

.....
.....
.....

6 What do you think of the following regular pages?

Please rate from 1 to 5 (where 1 means you don't like it at all and 5 means you really like it)

	1	2	3	4	5
News	<input type="checkbox"/>				
Community News	<input type="checkbox"/>				
Community Forums News	<input type="checkbox"/>				
Kids' Corner	<input type="checkbox"/>				
Mayor About Town/My View	<input type="checkbox"/>				

Making Newham Safer

2012 Games Update

Police

Health

University of East London

Newham College

Head For..

What's On

7 What do you enjoy reading about in features?

Please rate from 1 to 5 (where 1 means you don't like it at all and 5 means you really like it)

1 2 3 4 5

Local people

Places in Newham

History of Newham

Regeneration and development of Newham

Community groups and organisations

Young people and schools

The environment

Leisure activities

Entertainment in the borough

Health and advice

Council schemes and activities

Different cultures

Sport

8 What do you think of the design of the magazine?

Like it
 Like most of it
 Like some of it
 Don't know
 Don't like it

9 Do you receive the Newham Mag at home every fortnight?

Yes No Don't know

10 What other local and national newspapers/magazines do you read? (please list)

.....
.....
.....
.....

NEWHAM MAG SURVEY 2007 [CONT.]

11 How many people under and over the age of 18 read the magazine in your house? (enter number)

Under 18 Over 18

12 Do you ever use the internet?

Often Rarely Never

If yes, do you look at the online version of the Newham Mag?

Yes No

Do you think the magazine should only be available online?

Yes No Don't know

13 Would you like to see more links in the magazine to fresher/more in-depth content at newham.com and newham.gov.uk?

Yes No Don't know

14 If you received the following supplements with the Newham Mag, please rate how much you enjoyed them from 1-5 (where 1 means you didn't enjoy it and 5 means you enjoyed it very much)

	1	2	3	4	5	didn't receive it
2007 calendar (December 2006)	<input type="checkbox"/>					
Your Health in Newham (February 2007)	<input type="checkbox"/>					

15 What do you think of the size of the Newham Mag?

Like it as it is
 Would like it to be smaller
(eg. last month's Your Health in Newham)
 Would like it to be bigger (eg. tabloid newspaper)

16 Have you ever contacted/used a business/ booked tickets for an event after seeing it advertised in the Newham Mag?

Yes No

17 Do you think the Newham Mag reflects the community you live in? (Please rate 1-5 where 1 means it doesn't reflect your community at all and 5 where it strongly represents the community you live in)

1 2 3 4 5

18 Any other comments? Tell us what you do and don't like about the Newham Mag here (Attach a separate sheet if necessary)

.....
.....
.....
.....
.....
.....

19 Would you like to be contacted to take part in future reader panels?

Yes No

Please fill in the following details about yourself

Name

Address

.....
.....

Telephone

Gender

Male Female

Do you consider yourself to be disabled?

Yes No

Age

<input type="checkbox"/> 15 and under	<input type="checkbox"/> 16-17	<input type="checkbox"/> 18-24	<input type="checkbox"/> 25-39
<input type="checkbox"/> 40-59	<input type="checkbox"/> 60-74	<input type="checkbox"/> 75 and over	

Ethnic group

<input type="checkbox"/> Asian Indian	<input type="checkbox"/> Asian Pakistani	<input type="checkbox"/> Asian Bangladeshi
<input type="checkbox"/> White	<input type="checkbox"/> Black Caribbean	<input type="checkbox"/> Black African
<input type="checkbox"/> Other	

Send your completed survey to:

Reader Survey, The Newham Mag, Newham Town Hall,
Barking Road, East Ham E6 2RP **by 7 April**

PASSOVER

The most important part of the Passover celebration is the ceremony of Seder. Seder means 'order' in Hebrew and all its rituals are observed in a particular order on this day.

Seders are observed on the first two nights of the eight-day holiday with lavish meals, special foods, stories and history of Passover, plates, silverware, songs and prayers.

It is the time for family and friends to gather together and observe their long held traditions and customs.

This year Pesach begins on Tuesday 3 April.

PESACH FACTS

- Of all the Jewish holidays, Pesach is the one most commonly observed.
- Pesach begins on the fifteenth day of the Jewish month of Nissan. It is the first of the three major festivals (the other two are Shavu'ot and Sukkot).
- The name Pesach comes from the Hebrew root Peh-Samech-Chet, meaning to pass through, to pass over, to exempt or to spare. It refers to the fact that God "passed over" the houses of the Jews when he was slaying the firstborn of Egypt. In English, the holiday is known as Passover.



Jews and Christians celebrate Passover and Easter next month

EASTER

Easter commemorates the resurrection of Jesus Christ. It is the most important Christian festival, and the one celebrated with the greatest joy.

The date of Easter changes each year, and several other Christian festivals fix their dates by reference to Easter. Churches are filled with flowers and there are special hymns and songs. But not all Easter customs are Christian; some, such as the Easter Bunny, are Pagan in origin.

The Easter story is at the heart of Christianity. On Good Friday, Jesus Christ was executed by crucifixion. His body was taken down from the cross, and buried in a cave. The tomb was guarded and an enormous stone was put over the entrance, so that no-one could steal the body. On the following Sunday, some women visited the grave and found that the stone had been moved, and that the tomb was empty. Jesus himself was seen that day, and for days afterwards by many people. His followers realised that God had raised Jesus from the dead.

This year Good Friday is on 6 April and Easter Sunday on 8 April.

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website: www.timeforchildren.org
email: admin@timeforchildren.org

ANTI-SOCIAL BEHAVIOUR AND CRIME SLASHED IN FOREST GATE

POLICE AND COUNCIL CELEBRATE SUCCESSFUL PARTNERSHIP WORKING

The council and Newham Police have been working together to make a real difference to Forest Gate residents and business people.

Some types of crime have fallen by more than 40 per cent and anti-social behaviour is down by 35 per cent in the Woodgrange and Romford Road areas.

One of the most successful tools used was a dispersal zone, which allowed police and police community support officers to move on groups of more than two people. Those refusing to disperse were arrested. More than 60 people were dispersed from the area while the zone was in force.

Sgt Paul Collins, who leads the Forest Gate South Safer Neighbourhoods Team, said: "The dispersal zone has significantly reduced crime in the ward and made a real difference to residents

and shopkeepers. Although the order has now ended, we will continue to work with Newham Council to closely monitor any anti-social behaviour at this busy location."

Councillor Ian Corbett, Newham's executive adviser on crime and anti-social behaviour, said: "We and the police will not tolerate members of the public being intimidated, harassed, alarmed or distressed by trouble makers. This order has made a real difference to residents and businesses and sent a message to those groups who are causing such anti-social behaviour that they cannot get away with making other people's lives a misery."

High visibility patrols are being carried out regularly to deter anti-social behaviour and reassure the local community. Nine people have been arrested for drug offences, convicted and given prison sentences.

CCTV cameras were installed and

the evidence from these, combined with that of the police and other witnesses, enabled anti-social behaviour orders (ASBOs) to be brought against seven individuals responsible for crime and anti-social behaviour.

Last but not least, drinking venue Bar Monastery (previously the Princess Alice) was successfully prosecuted as a result of noise nuisance and had its license revoked.



Police, police community support and council enforcement officers have been carrying out regular high-visibility patrols



FOREST GATE CHECKLIST

- DISPERSAL ZONE SET UP**
- HIGH VISIBILITY PATROLS**
- NINE PROSECUTED FOR DRUG OFFENCES**
- CCTV CAMERAS INSTALLED**
- ASBOS ON SEVEN INDIVIDUALS**
- NOISY PUB PROSECUTED AND LICENCE REVOKED**

THE DISPERSAL ZONE

Reported crimes fell by 40 per cent following the introduction of a dispersal zone last August.

Reported offences for supplying drugs within the zone in Forest Gate South ward fell by 91 per cent, robberies by 35 per cent and anti-social behaviour by 35 per cent in the first four months of the zone compared to the four-month period before it took effect.

The zone, which ended in February, was put in place following complaints from residents and business owners about the levels of drug taking, prostitution, drunken behaviour, fly-tipping and general anti-social behaviour.

It covered the immediate area surrounding the junction of Woodgrange Road, Romford Road and Upton Lane, as far as Forest Gate Station to the north and just before Glenparke Road in the south.

Before the dispersal order, the area had become one of the borough's priority locations with more than 50 drugs offences recorded and 250 reports of anti-social behaviour during May, June and July last year.

High visibility police patrols were carried out regularly as part of the dispersal initiative. The council also dedicated street scene enforcement and CCTV resources, as well as working with agencies that provide support for drugs and alcohol misusers and street sex workers.



TO REPORT ANTI-SOCIAL BEHAVIOUR, CALL NEWHAM'S 24-HOUR HOTLINE **0800 731 3300**

FOSTERING



It's worth it

**Don't just think about it, call
08000 130 393**

www.newham.gov.uk

Lyn Davis had to clear a very large space on her mantelpiece for her mother's day cards last weekend, having fostered almost 50 children.

The 69 year old first decided to foster after seeing a plea from Newham Council. "My children were all grown up and I had three spare bedrooms, so I thought it would be a nice thing to do," she says.

The first child she fostered, Anthony, is now 24. He lived with Lyn and her husband David between the ages of 11 and 17. Lyn has fostered ever since and is currently caring for a 12 and a seven year old.

"I just love children," says Lyn. "I feel for them. Some of them go through so much in their lives. Fostering is such hard work, but they all settle down after a while and it is very rewarding."

Lyn has also raised two daughters and two sons of her own, and now has ten grandchildren.

Lyn treats all children the same when

they arrive. She encourages them to talk about their difficulties, reads to them, feeds them and prays with them.

Councillor Ted Sparrowhawk, who sits on the fostering panel in Newham, said: "Fostering really does make the world of difference, not just to the youngsters, but to their parents and their carers. Lyn has been a great comfort to a lot of children and I hope she is an inspiration to others."

"Fostering is such hard work, but it is very rewarding."

Newham Council needs people from all cultural and social backgrounds who live in or within 90 minutes commuting distance of the borough, to become foster carers. There is a particular need for those who are interested in fostering teenagers.

Fostering facts

- Newham welcomes foster carers from any cultural, ethnic, religious and social background, to reflect the backgrounds of children who need to be in foster care.
- Foster carers must be over 24 and can be married, divorced, single or living with their partner, and can be gay or straight.
- You must be in good health and will not be allowed to foster children under two if you are a smoker.
- You should be patient and understanding, with lots of energy and a good sense of humour.
- All foster carers receive an allowance to cover the costs of caring for a child, based on the child's age.

If you want to find out more about fostering, visit www.newham.gov.uk or telephone 0800 0130 393.

Lyn's a mum in a million



Lyn proudly displays photographs of some of the children she fostered

The power to make a difference is in **YOUR** hands

Visitors to Newham General Hospital can help reduce hospital acquired infections by taking part in its cleanyourhands campaign.

You may ask yourself 'what difference does it make if I clean my hands?'

Everyone has a part to play in stopping the spread of infections, including visitors.

Infections are not caused by dirt they are caused by bacteria that naturally occur around us. These bacteria are on our skin, in our mouth and noses but most do us no harm. However, when we are unwell or after an operation our bodies' defences are weaker so we are more likely to get an infection.

"It's down to everybody to help stop infections by using the facilities that have been provided."

There are two ways you can help stop the spread of infections – by using the alcohol hand gels at the hygiene stations situated at entrances to the hospital, wards and clinical areas, or by simply washing your hands with soap and water.

The Trust is also doing its bit to help

stop the spread of infections. Not only do we take hand hygiene seriously but there are many other measures in place to reduce infections.

Weekly cleanliness audits are undertaken, staff wear protective clothing when dealing with patients who are infected, and high risk patients are screened for MRSA. Work started in January 2007 on new negative pressure isolation facilities, which will allow any patient diagnosed with an infection to be

nursed in a self-contained environment, which will help to reduce the risk of infections spreading.

Frank Terroni, a patient from Plaistow, said: "The staff are pretty scrupulous about using the hand gels when coming in and out of the wards and the wards are spotlessly clean. I'd say it's down to everybody to help stop infections by using the facilities that have been provided."

Newham University Hospital NHS Trust has been a cleanyourhands campaign



Having a baby in Newham?

David Stout has left his post as chief executive of Newham Primary Care Trust to become director of the NHS Confederation's Primary Care Trust Network. Everyone at Newham Council wishes him well.

hospital since 2005. This means that staff take hand hygiene seriously and are committed to keeping patients as safe and healthy as possible.

Marie Angsioco, a visitor to the hospital, said: "We come in and out of the hospital and we don't really know whether we are carrying any germs or viruses and bringing these in with us.

"There has been a vast improvement to the hospital and the hospital's cleanliness over the last few years but there is always room for improvement."

If you want to find out more about infections in hospital you can speak to the infection control nurse or the Patient Advice and Liaison Office at the hospital via the hospital switchboard on 020 7476 4000.

Figures released by the Health Protection Agency show that Newham had only ten reported cases of MRSA Bacteraemia between April and September 2006, the lowest number in the North East London Strategic Health Authority.

Newham residents, especially those expecting or planning a family, are being given an opportunity to find out more about their local maternity services on Saturday 31 March between 12-4pm, at an open day at Newham General Hospital.

The event, taking place in Health Central, will provide an opportunity to find out about having a baby, from pre-conception care right through pregnancy and birth to postnatal support on immunisation, baby screening, and postnatal counselling. Would-be parents will have the opportunity to speak to specialists and find out how to access services in the hospital and community.

Jurgita Blozienė, who recently gave birth at Newham General Hospital, said: "I want to say a big thank you to my midwife Sarah Kakembo for supporting me throughout my pregnancy and for making me feel cared for. I would also like to thank her and Marie Chu for staying with me the whole time I was in labour. I have been really cared for and supported throughout my pregnancy."

Jane Ely, Director of Women's and Family Health, said: "The event focuses on the journey through pregnancy, birth and early parenthood and is a great opportunity for prospective parents to access a wide range of information that may help to improve their experience."

The day will also provide a chance to view a mock birthing room, giving an idea of what is on offer to expectant mothers and how their choices can be catered for. Additionally, there will be a number of health stalls staffed

by maternity health specialists, community and specialist midwives, home birth groups and the birth and breastfeeding team. Plus you can enjoy a free head, neck and shoulder

"The event focuses on the journey through pregnancy, birth and early parenthood and is a great opportunity for prospective parents to access a wide range of information that may help to improve their experience."

massage provided by Intouch Therapies or one of the free 'yoga for pregnancy' taster sessions.

For further information please call Vanessa Fortune on 020 7363 9354.



American astronaut Major General Charlie Bolden met 300 students from Newham College of Further Education in a bid to encourage them to study and work hard to make the most of their lives.

The masterclass at Stratford Circus was attended by students from the college's science, technology, engineering and maths (STEM) courses. It was sponsored by the college's STEM Challenge project.

Charlie spoke about his own career progression from marine cadet to astronaut to major general. Showing slides of his four missions to space, he said: "The world looks so beautiful



Astronaut Charlie Bolden captivated an audience of Newham College students

Stratford reaches for the stars with astronaut

"I really enjoyed the opportunity to meet the students – it was exciting to see the interest that they had in the space programme and in science"

and peaceful when you see it from space – it's our challenge to make it as peaceful on the ground."

He also explained how fear of failure nearly prevented him from applying to the astronaut corps – he picked up the application and didn't apply, thinking it wouldn't go anywhere. It was only when he was encouraged to apply two years later that he tried again, and succeeded. He told Newham students: "Don't be afraid of failure. Take every opportunity and don't limit yourself."

Charlie explained that studying science and engineering had led him to what he thinks is the best job ever.

A glass plaque was presented to Charlie on behalf of Newham College's Centre for Innovation and Partnerships, which hosted the event. Charlie was pleased with the souvenir and promised to cherish it.

He later said: "I really enjoyed the opportunity to meet the students - it was exciting to see the interest that they had in the space programme and in science."

Dannie Alborough, an engineering student at the college, summed up the day: "Charlie's seen so much – you need to take note of what he says."

Akua Biama Akuama, a GCSE science student, said: "I came away inspired to do what I can, when I can and to take all the opportunities that I get."

Jacquelyn Caulker, STEM project manager at the Centre for Innovation and Partnerships, said: "Charlie



Charlie and Baroness Amos with students at the Royal Aeronautical Society

spoke to us from the heart and it was an honour to have him visit and provide inspiration to our students."

Three students then joined Charlie at a VIP lunch at the prestigious Royal Aeronautical Society with Baroness Amos, Leader of the House of Lords.



For tickets and further information, call 020 8522 5714 or email info@asiandreams.org.uk



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Green Heritage Site

Heritage Tours Dates for this year's Heritage tours are:

Sunday 15th April
Sunday 6th May
Sunday 10th June
Sunday 15th July
Sunday 12th August
Sunday 16th September

Tours start at 11am from the Main Gate.

There is no charge for these tours,
but you will need to book by telephoning 020 8530 9837.

Tel 020 8530 2151 Fax 020 8530 1563
E-mail cityoflondoncemetery@cityoflondon.gov.uk
Website www.cityoflondon.gov.uk/cemetery



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- some with wheelchair access
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availability and prices.

Contact Dawn Bowyer
on 0208 430 5934
dawn.bowyer@newham.gov.uk



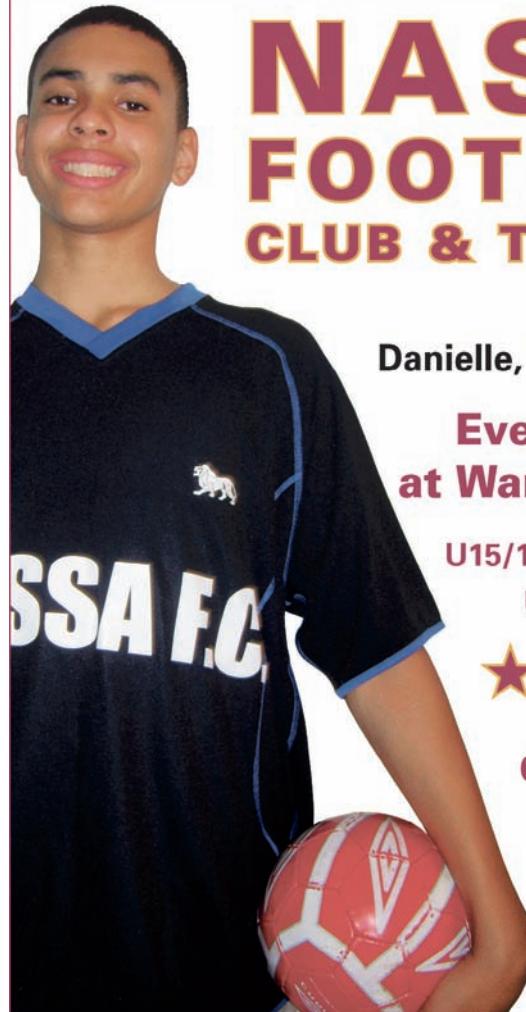
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U12's 1pm-3.30pm

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Danielle on
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one of our operators on 0207 517 9940





WHAT'S GOING ON...

Faith communities and mental health

UEL's Refugee Research Centre and School of Psychology have teamed up with Barts and London Queen Mary School of Medicine to organise a one-day interfaith conference on 2 April. For details visit www.uel.ac.uk/events

John Smith's films exhibited online

A retrospective of the work of celebrated film artist and UEL fine art Professor John Smith has gone on show at a major online gallery of moving images. Full length showings of four of his films, and excerpts from nine others, will be available to view at www.tank.tv until 15 April.

Sociologists of the world unite at UEL

The UK's biggest ever sociology conference will take place at UEL from 12 to 14 April, when more than 500 delegates attend the 2007 Annual Conference of the British Sociological Association (BSA). The conference will feature speeches from distinguished sociologists and 400 research papers will be presented.

The Lucifer Effect

World famous psychologist Professor Phil Zimbardo will be at UEL's Stratford Campus on 19 April as one of only two UK public events to launch his new book *The Lucifer Effect: how good people turn evil*. For details visit www.uel.ac.uk/lectureseries

Calling all alumni!

If you attended the University of East London or one of its predecessor institutions, UEL wants to hear from you! This summer it wants to invite former students to tell their stories and share their experiences since graduating. Contact Emma Cale on 020 8223 2222 or visit www.uel.ac.uk/alumni

New Student Village on the docks



Students joining UEL this summer can look forward to living in some of the smartest residences in East London.

The university's new Student Village on the waterfront of the Royal Albert Dock boasts

stunning views and exciting new accommodation and social spaces.

The five new blocks have around 800 modern, well-equipped rooms, which means that in total UEL is now able to offer accommodation to approximately 1,100 students on campus. All rooms have IT points and en-suite bathrooms. Work is also underway at UEL's Stratford campus with a new computer centre and dedicated building for the School of Education.

Katie sparkles to win Swarovski sponsorship

A UEL fashion design student is sparkling with success after winning a prestigious sponsorship deal from Swarovski, the world's leading brand for precision-cut crystal.

Katie Whiting was one of only five designers selected from hundreds of applicants for the sponsorship. CRYSTALLIZED™ Swarovski elements will now be included in Katie's designs for her final collection, which could be selected for catwalk presentation at Graduate Fashion Week in June.

"I'm so excited about this opportunity - it was such an amazing surprise to be selected!" she said.



**Fashion student
Katie Whiting**



RESIDENTS TURN TOURIST FOR WEEKEND OF SPECIAL OFFERS

Residents turned out in their hundreds for Newham's *Be a Local Tourist* weekend.

It was launched by Mayor of Newham Sir Robin Wales, who visited the Discover Centre in Stratford last Saturday (17 March).

The event coincided with British Tourism Week (12 to 18 March).

Attractions across the borough offered residents discounts, special offers, free entry and exclusive tours over Saturday and Sunday, in a bid to get more local people to discover what is on offer on their doorsteps. More than 2,000 people received booklets of vouchers.

Residents took behind-the-scenes tours of 3 Mills Studios, learned an Irish jig at the Discover Centre, met the horses at Newham Riding School and took walking and boat tours to see the Olympic Park site – all for free.

Many also took the opportunity to try local restaurants and cafés and visit places like Thames Barrier Park in North Woolwich and the House Mill at Three Mills Island.

Sir Robin said: "It's great so many people got out and about in the borough over the weekend. We live in a really exciting part of London with a lot happening. Lots of people I speak to don't know what there is on offer in the borough – like City Farm, award-winning restaurants and places of historic interest like Three Mills Island and St John's Church."

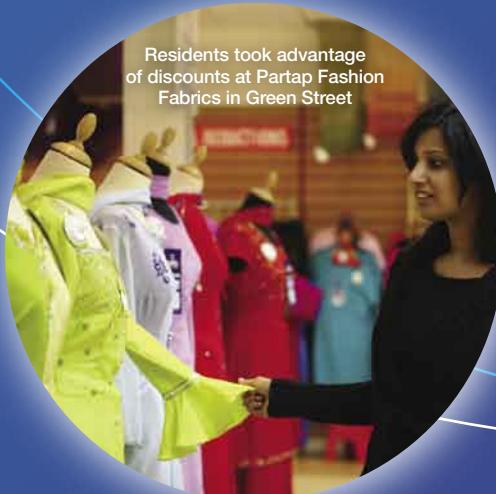
One Stratford parent at Discover, said: "I have never been here before and actually I didn't even know it was here. It's a really impressive place and the kids have really enjoyed it. Thanks!"

In total, 26 attractions signed up to the campaign.

Newham Council already has a number of visitor offers available such as Walk the Olympic Park – a walking guide around the 2012 Games venues – which has been sent out to more than 40,000 people across the country.



Residents took advantage of discounts at Partap Fashion Fabrics in Green Street



Behind-the-scenes tours at the Theatre Royal Stratford East were fully booked



The winners of the Stratford Circus competition in the last issue of the Newham Mag were Ann Hills, Ethel Gondwe and Gwen Moore

COMMUNITY FORUMS



BECKTON

RIGHT START FOR BECKTON STEERING GROUP

Fresh, focussed and ready for action – introducing the Beckton Community Forum Steering Group.

Around 200 Beckton residents turned out to help influence the future of their local area at the forum's Annual General Meeting on February 24.

As a result Beckton now has a new steering group which will organise forum activities and events and help engage local people on

the issues they most want tackled.

Lead member for Beckton Community Forum, Councillor Ayesha Chowdhury says: "There are several new faces and people of a wide range of ages and ethnicities on the steering group. I think we are well placed to work with the wider community and am excited about the challenges ahead."

The forum's chair is local resident Mahmood Akhtar, who is keen to raise

awareness of local people's concerns.

The steering group is now busy preparing the programme of activities for the coming months.

On the agenda there are likely to be discussions about parking and crime, a review of the local community centres and plenty of fun, free events.

Keep an eye on the Newham Mag for details of what's in store.



FOREST GATE



EAST HAM

HELP FOREST GATE AND EAST HAM LEAP INTO SPRING



The daffodils are dancing, the grass is a gorgeous green and Newham is a wonderful place to be.

And with your help two of Newham's much loved green spaces could be even better and brighter this spring.

Join Forest Gate and East Ham Community Forums to make a difference

in Forest Lane and Roman Road Parks.

Spend some time trimming, pruning, painting and litter picking and help to make the parks happier places.

It won't all be hard work though, with the parks bustling with fun activities, including a bouncy castle, face painting, fit club taster sessions and the chance to meet your Safer Neighbourhood Team.

Plus there'll be a tasty free BBQ. Deputy community executive adviser for environment, Councillor Pat Sheekey, says: "This is a wonderful chance for people of all ages to help spruce up their local park and have some fun in the spring sunshine."

East Ham Community Forum

Saturday 31 March, 12pm-4pm
Roman Road Open Space
Roman Road, East Ham E7

Forest Gate Community Forum

Sunday 1 April, 1pm-5pm
Forest Lane Park, Magpie Close, Forest Lane, Forest Gate E7



WHAT IS A COMMUNITY FORUM, WHICH IS MINE AND HOW CAN I GET INVOLVED? **CALL 0800 5194015 TO FIND OUT MORE**



ROYAL DOCKS

HELP ROYAL DOCKS REDUCE, REUSE AND RECYCLE

Are you of tired of plastic, overloaded with paper or bombarded by bottles?

Then why not fill a bag with recyclable materials and get along to the free Royal Docks recycling event on Thursday 29 March.

Trade your bag for a 'bag for life,' full of recycled goodies and take a positive step to improve your community.

The event will be held from 3.30pm to 8pm at Drew Primary School, Wythes Road, Silvertown E16 2DP.

There'll be activities for people of all ages, including the chance to test your

recycling knowledge, calculate your carbon footprint and find out what to recycle and where to do it.

You could also make sweet music by creating a recycled instrument or construct a piece of artwork for your home.

For the kids there'll be face painting between 4pm and 6pm.

Residents will be invited to fill in a pledge card stating how they would like Royal Docks to look in 20 years and what they will do to help achieve this.

In the lead up to the event, members of Royal Docks Community Forum will be roving the streets collecting comments from residents for a film entitled 'My ideal Royal Docks', which will premiere at the event.

With free refreshments too, there's even more reason to join Royal Docks Community Forum to reduce, reuse and recycle.



**it's our borough
play your part**

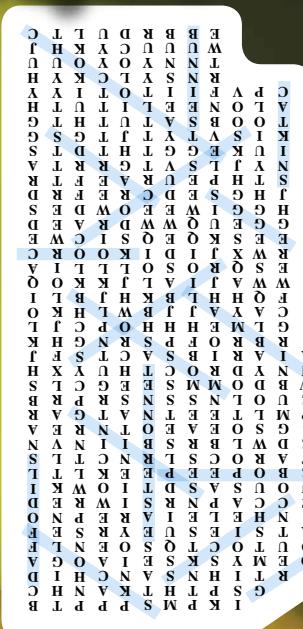
NEWHAM COMMUNITY FORUMS

>> Community forums are for you to have your say about services in your borough and to help us, and you, make positive changes to your neighbourhood. There are nine community forums in Newham working to make each local area a safer, healthier and more interesting place to live.

To find out more call freephone 0800 519 4015, email community.forums@newham.gov.uk or visit www.newham.gov.uk/communityforums

Kids' Corner

Wordsearch answers



Gallery



Farina Fardus, 9



Aleesha, 8

Jokes

What happens if you cross a teacher with a vampire? **You have a blood test**

Why was the Egyptian boy so upset? **Because his daddy was a mummy**

by Umaima, 10



Sabera Kibria, 11



Humayra, 8

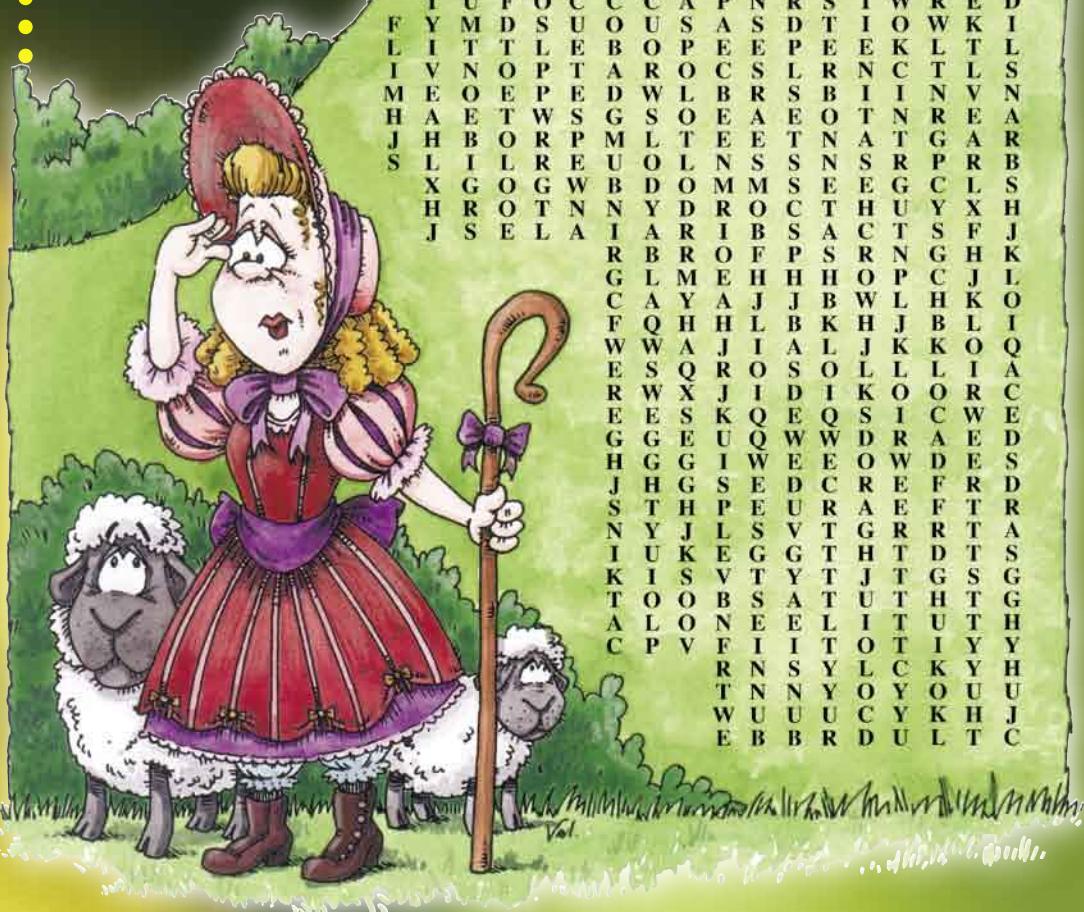
PLEASE SEND YOUR
DRAWINGS, JOKES
AND POEMS TO:

KIDS' CORNER, NEWHAM TOWN HALL, EAST HAM E6 2RP

Word Search

You must find the following words in the grid:

Blossom	Easter Bonnet
Bunnies	Eggs
Cards	Flocks
Catkins	Growth
Chicks	Lambing
Chocolate	Little Bo Peep
Crocuses	Ribbons
Crook	Sheep
Daffodils	Spring



Poem

My Imagination
by Lea Ellis, 14

My imagination is
with me all the time
My imagination
drives me round
the bend
My imagination is
my best friend

My imagination gets
really wild
My imagination is
never mild

My imagination I
can smell the smells
My imagination I
can hear the bells

My imagination
is a sign
My imagination
is what made me
write this rhyme!



Thames Barrier Park is open from 7am-6.30pm
The Prime Coffee Shop is open from 10am daily

Sponsored by Thames Barrier Park, North Woolwich Road,
London, E16 www.thamesbarrierpark.org.uk

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COMMUNITY NEWS



GREEN STREET

FROM GLASGOW TO GREEN STREET



Members of the Southern Housing Association with Dr Ahmed Nur of Din Jewellers and Cllr Sharaf Mahmood

Visitors from a Scottish housing association travelled to Green Street to take tips on how best to regenerate a multicultural area.

The Southern Housing Association, from the Pollokshields area of Glasgow, took a trip around Green Street, Queens Market and the surrounding area, and were impressed with what had already been achieved and the council's plans for the future.

The group are drawing up plans for the regeneration of their own neighbourhood, which shares characteristics with Green Street. They were glad of the opportunity to ask questions of Councillor Sharaf Mahmood and local business people. Cllr Mahmood was keen to express that the key to any successful regeneration was a strong working relationship between the council, local residents and business people in the area.



PLAISTOW

WARNING TO NOISY NEIGHBOURS

Newham Council is warning people who play loud music at unsociable hours that they will be prosecuted.

It follows the prosecution of Ariste Sturiene and Darius Sturaz, of Turnstone Close, Plaistow, for failure to comply with a noise abatement notice in November last year.

Executive adviser for housing and public protection Councillor Andrew Baikie, said: "Inconsiderate people who consistently play loud music have a detrimental effect on their neighbours' quality of life.

"This will not be accepted and anyone who does behave in this manner faces having their music equipment, including CDs and DVDs, confiscated, court sanction and a fine of up to £5,000."

Sturiene and Sturaz's case was heard at Stratford Magistrates Court on 26 February. Their music equipment has been confiscated and they were both fined £500 and ordered to pay £574.62 costs each.



STRATFORD & WEST HAM

MAYOR KICKS OFF PREMIERSHIP BIKE RIDE

Mayor of Newham Sir Robin Wales kicked off a fundraising cycle ride that will see two intrepid riders visit every football ground in the Premier League.

He was at West Ham United's Boleyn Ground to see off the club's executive head chef Keith Ross and cardiologist Dr Andrew Deaner on their 1,000-mile, 11-day journey.

Keith suffered a heart attack last July and Dr Deaner performed an emergency

procedure at the London Chest Hospital in Bethnal Green that saved his life.

Keith, 37, a father of two, said: "The team at the London Chest Hospital saved my life. I wanted to give something back in thanks for my treatment and a friend challenged me to cycle to every Premiership ground."

For further information about how to sponsor Keith and Andrew visit www.justgiving.com/CYCLE2012



Keith Ross, Sir Robin and Dr Andrew Deaner

GOT A STORY FOR COMMUNITY NEWS? WE WANT TO HEAR FROM YOU. **EMAIL NEWHAM.MAG@NEWHAM.GOV.UK**



BECKTON

HELPING PEOPLE KEEP SAFE

Newham Police officers have just completed their latest workshop in a bid to help people with learning disabilities to keep safe.

Crime prevention officers PCs Keith Jeffrey and Janet Langworthy hold two-day personal safety workshops regularly throughout the year, teaching adults with learning disabilities how to stay safe while out and about and also in the home.

It is reported that a staggering 88 per cent of adults with learning difficulties have been the victims of a crime yet only around five per cent of these crimes are reported.

The latest course was held at St Mark's Community Centre, Tollgate Road, Beckton, with 16 people attending. To find out more about these courses, which are funded by the council, contact Jacqui Pringle on 07940 516442.



Jacqui Pringle from Newham Council and PC Keith Jeffrey with Kathleen Jackson (centre) who attended the course



STRATFORD & WEST HAM

BEIJING MASCOTS SPREAD LOVE IN STRATFORD

Giant mascots to promote the Beijing Olympic and Paralympic Games visited a school in the heart of Stratford to promote their message of one world, one dream.

The six cuddly mascots began their London tour at Carpenters Primary School, where they played an interactive game with the children to help them understand what they each represent.

They are the official face of the Beijing Games and are affectionately known as the Fu Wa, meaning friendlies. Their names- Bei, Jing, Huan, Ying and Ni - together

translate to 'Welcome to Beijing'.

Beijing will host the Games ahead of London in 2008. The Fu Wa are on a world tour to promote the games and unite the world in peace and friendship through the Olympic spirit.

Avid West Ham United and Tottenham Hotspur fans may recognise them from their appearance during half-time at the recent match at Upton Park.



A visitor from Beijing with the mascots at Carpenters Primary.

THOUSANDS TO ATTEND PRAYER EVENT AT WEST HAM UNITED FC

A major prayer event is being held at West Ham United's Boleyn Ground on Sunday 27 May.

It is the brainchild of Jonathan Oloyede, pastor at Glory House in Plaistow, one of the borough's largest churches.

The event has the full support of members of other churches in Newham, including Methodists, Baptists, Pentecostals, Anglicans and Catholics.

The Bishop of Barking, the Right Reverend David Hawkings, is heading the organising committee and it is expected that at least 15,000 people will be attending.

Please visit www.gdoplondon.com for more information.

Fantastic free half-term activities for young people

Don't sit around this half-term, get out and join in with one of the great free half-term activities going on around the borough.

Olympic themed multi-sports events for young people aged 8-to-21. Call Newham Council on 020 8430 2484 for more details.

Programmes are delivered by fully qualified coaches and are suitable for all abilities.

Sessions will be held from 10am-3.30pm on the following dates:

Monday 2 April – Thursday 5 April
Tuesday 10 April – Friday 13 April

They will be held at the following venues:

*New Beckton Park
Savage Gardens, Beckton E6*

*Memorial Recreation Ground
Memorial Avenue, Stratford E15*

*Plashet Park
Plashet Grove, Forest Gate E7*

*Stratford Park
West Ham Lane, Stratford E15*

*West Ham Park
Upton Lane, E7*

*Canning Town Recreation Ground
Prince Regent Lane,
Custom House E16*

*Keir Hardie Recreation Ground
Tarling Road, Custom House E16*

*Little Ilford Park
Church Road, Manor Park E12*

*Langdon School
Sussex Road, E6 2PS*

*Lister Community School
St Mary's Road, E13 9AE*

*Little Ilford School
Browning Road, Manor Park E12 6ET*

*The Froud Community Centre
Toronto Avenue, Manor Park E12 5JF*

*Forest Gate Youth Centre
1 Woodgrange Road, Forest Gate E7 0DH*

*Hartley Community Centre
Barking Road, E6 1LB*

*Carpenters & Docklands Centre
98 Gibbins Road, Stratford E15 2HU*

North Woolwich Old Station Museum

**Pier Road, North Woolwich
E16 2JJ. 020 7474 7244**

Free drop-in sessions for children aged 5-12 and their parents.

Wednesday 4 April, 1-4pm

Easter Mosaic

Join in making egg-shaped collages using Easter-themed materials

Easter Sunday and Easter Monday

8-9 April, 1-4pm

Easter Egg Hunt

Search for treats around the museum. How many can you find?

Wednesday 11 April, 1-4pm

Beautiful Butterflies

Help make big Easter butterflies

The Old Station Museum will be open between 1-5pm every day of the Easter half-term except Friday 6 April (Good Friday)

April on the Farm

Newham City Farm

**Stansfeld Road, Beckton
London E6 5LT. 020 7474 4960**

Farm Discovery Day

Thursday 5 April: 3-7 years

Thursday 12 April: 8-12 years

10am-3pm £10 per child

An opportunity to discover and experience a variety of activities down on the farm. *Booking essential.*

Under 8s must be accompanied by an adult all day.

Garbology

Friday 6 April

4-12 years 12.30-3pm

Free (donations welcome). Drop-in session, first come first served.

Use old plastic bags to weave Easter baskets with mini eggs to take home!

Making Sunflower Pots

Friday 13 April

4-12 years 12.30-3pm

Free (donations welcome). Drop-in session, first come first served.

Make a clay pot and take some soil and seeds home to replant into the pot when it has dried.

Children age 8 and under must be accompanied by an adult. Newham City Farm regret that they are not responsible for children leaving the area of activity.

For up-to-date listings visit www.newham.gov.uk

For specific information and advice about all council services call: 020 8430 2000 or visit your Local Service Centre. For general information log on to www.newham.gov.uk

Councillor surgeries: To find out who your councillor is and surgery dates call 020 8430 2000 or log on to www.newham.gov.uk/yourcouncillor

WHAT'S ON?



LIBRARIES

Beckton Globe 1 Kingsford Way, E6 5JQ. 020 8430 4063
Canning Town Barking Road, E16 4HQ. 020 7476 2696
Custom House Prince Regent Lane, E16 3JJ. 020 7476 1565
East Ham High Street South, E6 6EL. 020 8430 3648
The Gate 4-20 Woodgrange Road, Forest Gate, E7 0QH. 020 8430 3838
Green Street 337-341 Green Street, E13 9AR. 020 8472 4101
Manor Park Romford Road, E12 5JY. 020 8430 2207
North Woolwich 5 Pier Parade, E16 2LJ. 020 8430 5900
Plaistow North Street, E13 9HL. 020 8472 0420
Stratford The Grove, E15 1EL. 020 8430 6886

UNDER 5s STORY AND RHYME SESSIONS

Led by a trained member of staff.
Beckton Globe Friday 30 March, 13, 20 April 10-11am
Canning Town Monday 26 March, 2, 16 April 10.30-11.30am
Custom House Tuesday 27 March, 3, 10, 17 April 10.15-11.15am
East Ham Wednesday 28 March, 4, 11, 18 April 2-3pm
The Gate Friday 30 March, 13, 20 April 11am-12noon
North Woolwich Friday 30 March, 13, 20 April 11am-12noon
Green Street Thursday 29

March, 5, 12, 19 April 10.30-11.30am

Manor Park Thursday 29

March, 5, 12, 19 April 10-11am

Plaistow Tuesday 27 March, 3,

10, 17 April 11am-12noon

Stratford Tuesday 27 March, 3,

10, 17 April 11am-12noon, Friday

30 March, 6, 13, 20 April 2-3pm

READING GROUPS

Adult reading group – read a book a month and share your thoughts with the rest of the group.

East Ham Monday 16 April 6.15-7.45pm

The Gate Tuesday 3 April 6.30-7.30pm

Children's reading group – the best in children's new books.

Parents are welcome too!

Canning Town Saturday 21 April 3.30-4.30pm

Family reading group – for children aged five to 11 and their family members to talk about and recommend books.

East Ham Thursday 5 March 6-7pm

Plaistow Saturday 24 March 10.30am-12noon

Beckton Tuesday 3 April 6-7pm

The Gate Sunday 1 April 2.30-4pm

Over 50s reading group – explore the pleasure of reading in a friendly environment.

Beckton Tuesday 27 March 10am-12noon

Plaistow Thursday 5 March 6.45-7.45pm

Teen Xtra reading group – explore the latest books in

the vibrant range of fiction now available for teenagers.

Beckton Thursday 26 April 2.30-4pm

Tamil reading group – discuss Tamil literature and discover new and exciting authors.

East Ham Wednesday 11 April 11am-1pm

Women only Urdu reading group – read novels, short stories and poetry.

The Gate Tuesday 10 April 5.30-7.30pm

HOMEWORK CLUBS

Term time only, 7-14 years. Weekly homework help and advice from dedicated homework helpers.

Beckton Tuesday 27 March, 17 April 4-6pm

Manor Park Saturday 24, 31 March, 21 April 10am-12noon

North Woolwich Thursday 29 March, 19 April 3.30-5.30pm

Stratford Monday 26 March, 16 April 4-6pm

Canning Town Saturday 24, 31 March, 21 April 10am-12noon

Custom House Saturday 24, 31 March, 21 April 10am-12noon

East Ham Monday 26 March, 16 April 4-6pm

The Gate Thursday 29 March, 19 April 4-6pm

Green Street Tuesday 27 March, 17 April 4-6pm

Plaistow Thursday 29 March, 19 April 4-6pm

UNDER 5s PLAY SESSIONS

Toy libraries for under 5s

– borrow toys from our toy library for your baby to enjoy at home.

Beckton Globe Monday 26 March, 2, 16 April 10am-12noon, Thursday 29 March, 5, 12, 19 April 1-3pm

East Ham Tuesday 27 March, 3, 10, 17 April 10am-12noon, Thursday 29 March, 5, 12, 19 April 10am-12noon

Messy play – under 5s activities.

Beckton Every Thursday 10am-12noon and 1-3pm

Imaginative play – drama and dressing up for under 5s.

East Ham Friday 30 March, 13, 20 April 10-11am

OTHER GROUPS

Teen afternoon – play the latest computer games, surf the net, read magazines and make new friends. 11-19 years.

Beckton Monday 26 March, 2, 16 April 3-5pm, Wednesday 28 March, 4, 11, 18 April 3-5pm

Custom House Tuesday 27 March, 3, 10, 17 April 3.30-5.30pm

East Ham Tuesday 27 March, 3, 10, 17 April 3.30-5.30pm

Manor Park Thursday 29 March, 5, 12, 19 April 4-6pm

Click on – look at websites and develop your computing skills. Call Canning Town Library on 020 7476 2696 to book a place.

Canning Town Friday 30 March, 13, 20 April 9.45-11.45am

EASTER 2007

Revised refuse and recycling collection dates for residential and commercial users.

Your recycling and refuse collection teams would like to advise you about a change to your weekly collection service over the Easter period. Please make a note of the change shown below to your usual collection day.

FRIDAY APRIL 6 - NO COLLECTIONS • MONDAY APRIL 9 - NO COLLECTIONS

NORMAL DAY OF COLLECTION

Friday April 6	Tuesday April 10
Monday April 9	Wednesday April 11
Tuesday April 10	Thursday April 12
Wednesday April 11	Friday April 13
Thursday April 12	Saturday April 14
Friday April 13	Monday April 16
Monday April 16	Tuesday April 17
Tuesday April 17	Wednesday April 18
Wednesday April 18	Thursday April 19
Thursday April 19	Friday April 20
Friday April 20	Saturday April 21
Monday April 23	Resume normal collections

REVISED DAY OF COLLECTION



For many people, the Easter break signals the start of mowing their lawns, trimming hedges and pruning back leaves. It's now easy to get rid of your garden waste. Just call Newham Council on 020 8430 2000 to arrange FREE collection.



free

It's never been more important to recycle. It's also never been easier.

Most residents in Newham have a collection of recyclable materials straight from their home. But don't forget that there are also over 90 recycling bank sites across the borough where you can recycle glass bottles and jars, plastic bottles, food and drinks cans and tins and paper. Many are conveniently located in shopping areas, car parks and high streets so why not do your recycling next time you're out and about?

To make it even easier, Shanks East London are offering residents a **FREE** stylish **REUSABLE** bag to take recyclable materials to the recycling banks. Once you've taken your recycling, you can use it to carry your shopping home!

Just complete the coupon opposite and return it to **Communications Team, Shanks East London, Frog Island Waste Management Facility, Creek Way, Rainham, Essex, RM13 8EN**.

Recycling saves energy and raw materials, reduces pollution and the need for landfills.

recycling bag!

Do you use recycling banks at present?

Yes / No (please circle)

If yes:

1) What is the location of the bank(s) you use most?

2) Why do you use these banks? (Please tick ✓)

- They are close to my home
- They are close to where I do my shopping
- They are close to other places I go (swimming, gym, station etc)
- I can park close by
- I can recycle lots of different materials
- Other (please state):

3) Is there a location you would like to suggest for a bring bank site?

If no: Please state the main reason why you do not use recycling banks?

Please choose your preferred bag: (Please tick ✓)

- Green small jute handy shopper (30 x 31 x 23cm)
- Natural large jute shopper (37 x 47 x 18cm)

Name:

Address:

Post Code:

Telephone:



Terms and Conditions:

Offer open to residents of Newham only. Limited to one bag per household. Subject to availability. If preferred choice of bag is unavailable, the alternative bag will be sent. Bag will be delivered within 28 days. We may contact you to request your opinions about the bag. Please tick this box if you do not wish to be contacted. CODEB

Thank you for recycling. If you have any questions, please call Shanks East London on **0800 389 9918**



For all enquiries on recycling and FREE green garden rubbish collection

020 8430 2000 Recycling@newham.gov.uk

www.newham.gov.uk/services/recycling

